To: Scholarship Committee

From: Benjamin Murphy

Date: 3/28/24

Dear Committee,

It is an honor to recommend Kegan Aamold for any scholarship for which he applies. Kegan’s energy, creativity, and positivity are second to none. I have known Mr. Aamold for approximately 10 years, as a friend to my son, a student, and as an athlete.

As a spry eyed second grader Kegan came to our house for a play date and instead of running immediately with my son to the toy box, he shook my hand, jumped up on the couch and had a serious discussion about the sport’s news of the day. Young Mr. Aamold had no problem telling me about his views on the Mariner’s, even disagreeing with me about the new left-handed reliever the club had just acquired. Kegan spoke very well and showed a confidence that still shines through today (he was correct about the reliever not being a good fit for the Mariners).

When Kegan Aamold was a student in my class it was during the Hybrid model after Covid, he showed his creativity with the way he completed his asynchronous assignments., always coming up with a blooper reel, or voice overs, always hitting the learning target but infusing his own brand of fun. Kegan’s creativity was always on display on the football field as well, figuring ways to be successful despite being undersized. I believe the majority of Mr. Aamold’s success is due to his positivity, which he shows continually.

Kegan Aamold has the unique ability to be the most positive person in the room. His ability to lead people to finding the, “bright side” of situations is an amazing trait rarely found. During a particularly stressful point in a football game with the team huddled around Coach Rudd, Kegan looks at Coach Rudd and breaks the tension with a well-placed joke that had nothing to do with football, it was exactly what was needed and Kegan was the only player that could of pulled it off.

Mr. Aamold is a stellar representative of our football program, our school, and our community. Kegan will achieve great things in his life, I highly recommend him for any scholarship for which he applies. If you have any further questions, please feel free to contact me.

Sincerely,

Benjamin Murphy

Physical Education / Health Teacher

Assistant Football Coach

Sultan High School